



HEALTH



Staying healthy over summer and beyond is not just about how you look, it's also about how you feel. As the seasons change, you may find that you become more prone to infections, viruses, and bugs- particularly as the weather becomes more moist and humid (bacteria love to multiply in those types of conditions!).

For this reason, boosting your immune system is not something to save just for the winter months... It requires a year-round approach so you look and feel your best too.

Sustaining your immune system

Strengthening and sustaining your immune system can be achieved in a number of ways. Here's a look at a few!

- **Good hygiene.** Take extra care to clean your food such as fruit and vegetables, and adjust how you store food in light of the warmer season. Badly stored food or inadequate cleaning is a breeding ground for all types of harmful bacteria.
- **Maintain your exercise routine.** Summer is no excuse to start falling back on your goals. Yes... you want to enjoy the

summer sun and warm evenings, but you can tweak your routine so that you stay physically active too! Maybe visit the gym less and make the most of outdoor workouts such as walking, or playing a favorite sport. Exercise and physical activity provides a boost for your immune system, energizes you, and helps to maintain better function and inner balance.

- **Fire up your nutrition.** Boosting your levels of vitamins and minerals helps to protect you both inside and outside. Good nutrition and natural-based dietary supplements can really make all the difference to your immune function. Many vitamins and minerals can also help to protect your skin and give you a healthier glow over summer. Switch up your meals to include more fruit and vegetables in a raw, natural state and ensure you stay hydrated with water.
- **Probiotics.** Probiotics support better gut health, your digestive system, and immune processes. A build-up of unfriendly bacteria or an imbalance of gut bacteria can really hit you hard with infections... and that is the last thing you want over summer! Within the gut, there are both “bad” and “good” bacteria, the objective when taking probiotics is to strengthen and increase the levels of “good” bacteria. Probiotics are essentially “live” microorganisms. There are many probiotic yogurts and foods, aim to choose one with “active” or “live” cultures for the best results.

The importance of balance

In terms of gut health, D & G Industries understand the importance of good inner balance and improving your immune system and digestive process through probiotics.

D&G Industries, LLC was established in 2009 as a result of Dan Jackowiak HHP NC, years of research into yeast and bad bacteria related to intestinal problems. Dan suffered for 30 years due to these infections and in 2003 formulated a plan with supplements that were available at the time. He recovered and took his life back 14 months later.

From 2003 to 2013 Dan worked with many people dealing with their own digestive and yeast problems. As a result, he saw a need for enzyme and probiotic dietary supplements and formulas that were specifically designed to help these health issues.

In 2014 he brought Biofase Premium Enzyme Formula to market, and fulfill part of that need. In 2015 Profase Premium Probiotic Formula was released.

Here is a look at two of D & G Industries specially formulated probiotics and enzymes.

Biofase Premium Probiotic Formula

Biofase is a proprietary enzyme formula specifically designed to help control yeast, bacterial, and viral bio-films. Once you remove the protective bio-film, the immune system registers any sort of infection and will mount a response. It also helps to control yeast levels within the body because the enzymes digest the cell wall components.

Try it Now and get it here!



Here's How it Works!

- **Biofase contains cellulase and hemicellulase to eat the glucan and chitin component in the bio-film and yeast cell. Both of these enzymes have beta-glucanase and chitinase side activity that help digest the glucan and chitin in the bio-film and cell wall as well. Beta-glucanase itself is also present.**
- **Glucoamylase, amylase, and invertase are included and have been found to eat the polysaccharides in the bio-film and cell wall. Protease to eat the polypeptides of the bio-film, mannoproteins, and nucleus of the yeast cell. Lipase to eat the fatty lipids in the yeast cell wall. Just the support your body is looking for!**
- **Biofase also includes a serrapeptase enzyme that eats the fibrinogen of the bio-film making it complete yeast eating enzyme formula.**
- **Serrapeptase also goes into the bloodstream and cleans the blood of dead tissue, blood clots, plaque, cysts, fibrin, and other unwanted microbes. It also helps reduce inflammation.**

These enzymes have a very long track record of safety. Children can take them at a suggested dose of 1/2 capsule per 40 lbs of body-weight. However, parents of 1-year-olds have used Biofase successfully with yeast infections at a dose of 1 capsule twice a day with no adverse reactions.

Biofase can cause a cleansing reaction in people that have overgrowths of yeast or bad bacteria in their intestines, which can make them, feel sick or nauseated. This initial cleansing reaction usually goes away in a few days to a week.

Biofase does not contain FOS, egg, dairy, preservatives, salt, sucrose, soy, wheat, yeast, nuts, corn, gluten, casein, potato, rice or any artificial colors or flavors.

Profase Probiotic

Profase probiotic can be used with Biofase or as a stand-alone probiotic for yeast infections. It contains six probiotic bacteria that have all been found to be effective at controlling excess yeast in the body.

Try it Now and get it here!



- **Profase comes in 60 or 120 capsules. Profase is safe for children and has been used successfully to treat yeast infections in one-year-olds. For stubborn infections, combining with Biofase has shown excellent results. Both can be taken daily as a preventative aid and to maintain your intestinal and immune system health for summer and beyond!**
- **Profase does not contain FOS, egg, dairy, preservatives, salt, sucrose, soy, wheat, yeast, nuts, corn, gluten, casein, potato, rice or any artificial colors or flavors.**
- **Profase is good for 24 months after the manufacture date if refrigerated. It should always be refrigerated once opened.**
- **Give your body the support it deserves!**

It's important to note that Profase can cause a cleansing reaction in people that have overgrowths of yeast or bad bacteria in their intestines. This may cause feelings of sickness or nausea. This is an initial cleansing reaction and usually goes away in a few days to a week.

Here are a couple of customer reviews!

Biofase

"This product is one that I have stuck with for several years now. Along with the profase make them a great team together. If you're having any kind of gut issue I suggest strongly you give these a try, I feel you'll be glad that you did!"- Jeanne from Dublin

Profase

"Great product to fight candida. Excellent with biofase"- Chandra from Canada

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.