

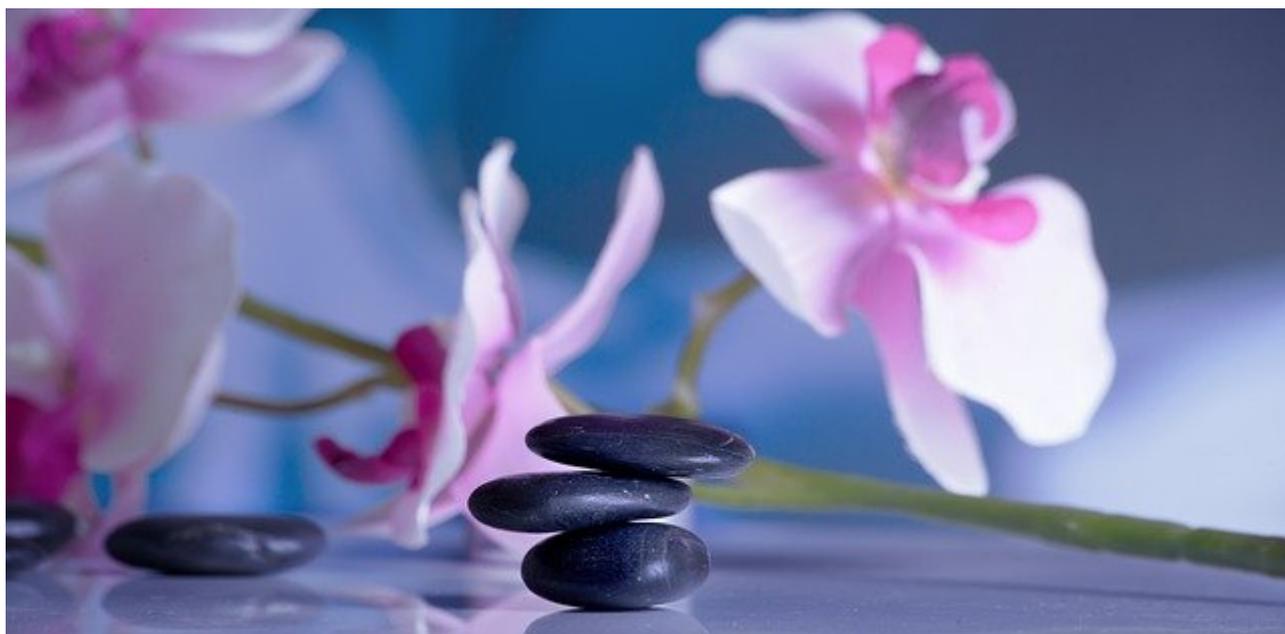
Natural Skincare Wins

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Beauty

Skin care needs are highly individual. Our skin is one of the most unique things about us so it pays to look after and nurture your skin so it maintains its health sparkle. A healthy sparkle to your skin is not easy to achieve through winter, however! Colder days and nights mean we spend much of our time covered up to keep warm.



But! Spring is not too far away, and there is no better time for a new beginning than springtime. Whether it's a new health goal you have, or a fresh self-care routine, the lightness of spring is a motivating factor to help get you started!

Natural Skin Care

Natural skin care is always the way to go; thankfully there is an ever-increasing choice of skincare remedies, creams, mists, serums, and gels to help you establish a solid skin care regimen that works well for you.

With so many skincare companies out there, it can be hard to find one to trust and stick with for your skincare needs. Skincare and self-care go hand in hand as it is through the best self-care rituals that health and wellbeing can really move forward.

Here are a few tips to help you with natural skin care and inspired self-care choices!

- **Firstly, know what it is that you want to achieve! Often we get a bit lost because we aren't sure what we really need or are looking for. Review your skincare needs. Do you have sensitive or blemish-prone skin? If so, look for companies that can support your skincare regimen. A simple google search can widen your perspective on what's available for you- whatever your skin type!**

- **Shared goals and commonality.** Loom for companies or individuals that share your values and goals in terms of skincare. For instance, there are many companies now that can serve customers who look for products with no animal testing.
- **Whatever your health goals may be, ensure you make time for self-care.** Self-care differs from health goals in many ways, although they do inextricably link. Your health goals will likely include your diet and exercise objectives, your self-care routines may veer more towards relaxation, stress relief, and skincare.

As highlighted earlier, spring is one of the best times of the year for getting things moving. It can provide you with that essential reset after a cold winter, and, best of all, it prepares you, your body, and your skin for a lovely summer! Remember to keep it simple, yet effective! Simple Elegance Skin Care is on board to help get you started!

Simple Elegance Skin Care is a dual-focused self-care and skincare company. They take pride in their self-care objectives and rituals and want you to do the same! As a company, they research and test skincare ingredients looking for quality, effective, sustainable, and, of course, natural formulations.

Simple Elegance Skin Care creates skincare products that help you feel beautiful and unique in your skin. Their focus on natural products with powerful and effective, yet kind to your skin, formulas ensure you get the very best!

“We believe that a skin care routine should be enjoyable, effective, and affordable. It is so important to take time out for yourself daily. Even if it is five minutes in the evening to wash the day away, letting your skin wake up refreshed. Currently, we offer two product lines: an anti-aging line “Elite” and our “Flawless” line for Blemish-Prone or problem skin. We are currently working on our new line that hopefully will be released early 2021!”- Simple Elegance Skin Care

Simple Elegance Skin Care’s new line is geared toward a minimalistic lifestyle. This means a lifestyle that embraces super good-for-you ingredients, sustainable sourcing, and packaging for anyone desiring a simple skincare regimen.

Here are two special picks from their current line: Elite Firming Eye Cream and Flawless Botanical Mist!

Elite Firming Eye Cream - Anti-Aging Formula Peptide Eye Cream with Matrixyl

This is a first-class anti-aging eye cream packed with proven ingredients such as Hyaluronic Acid, Vitamin C & E, Aloe, and Argan Oil. It hydrates the eye area, reduces crow’s feet, and helps to minimize fine lines & wrinkles.

Elite Firming Eye Cream is ideal for, under the eye, it adds two of the strongest proprietary complexes clinically shown to deliver the most potent wrinkle reduction benefits in skincare products.



 **SHOP NOW**

- **Matrixyl 3000 is a type of synthetic peptide used in skin care. Combined with lactic and glycolic acids, this eye cream rejuvenates and repairs the fragile skin around the eye.**
- **Botanicals & pure plant oils soften and hydrate the eye area, minimizing the look of fine lines and wrinkles.**
- **Suitable for daily use, this eye cream works well underneath makeup during the day and repairs the skin around the eye at night time.**

Flawless Botanical Mist for Blemish-Prone Skin

This mist contains extracts to help clarify and refresh your skin. It is lightly scented with Lavender, Lemon, and Geranium Essential Oils. Flawless Botanical Mist is an ideal pick-me-up for your skin! Spray it on your body or face to refresh and hydrate your skin.



 **SHOP NOW**

- It contains Acne fighting ingredients such as (Organic) hydroxy and salicylic acid (willow bark extract). These ingredients provide natural healing properties.
- It is great for normal, oily, and combination skin. The light scent of Lavender, Lemon, and Geranium essential oils will ensure a refreshing feeling as well as helping to revive the skin.
- Willow bark extract can increase cell renewal without the risk of irritation – it is known for its antiseptic, astringent, and anti-inflammatory properties. This is great for daily use.

“We offer a 30-day money-back guarantee. If you are not happy with your purchase, simply return the product within 30 days of purchase for a refund”- Simple Elegance Skin Care

Taking time for yourself every day renews your mind, body, and soul. Remember that care of the inner and outer self, eating and sleeping healthily goes hand in hand with taking a minute to reflect on your accomplishments from the day!

“It is not every day do we look back and give ourselves credit for just getting out there in the world. If you work, teach, care for others, create beauty with nature, share a smile, or just tried – it is worth acknowledging and being thankful for something at the end of the day. It lifts your spirits and gives you the energy to do it again. Elegance is the quality of being pleasing, ingenious, and simple. Enjoy!”- Simple Elegance Skin Care

Simple Elegance Skin Care stand behind all of their products and your satisfaction is their #1 Priority! Simple Elegance Skin

Care products are proudly made in the USA and created with Natural Ingredients. These products are *always* Cruelty-Free!

* In partnership with our friends at *Simple Elegance Skin Care* * Photo courtesy of *Simple Elegance Skin Care*

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