

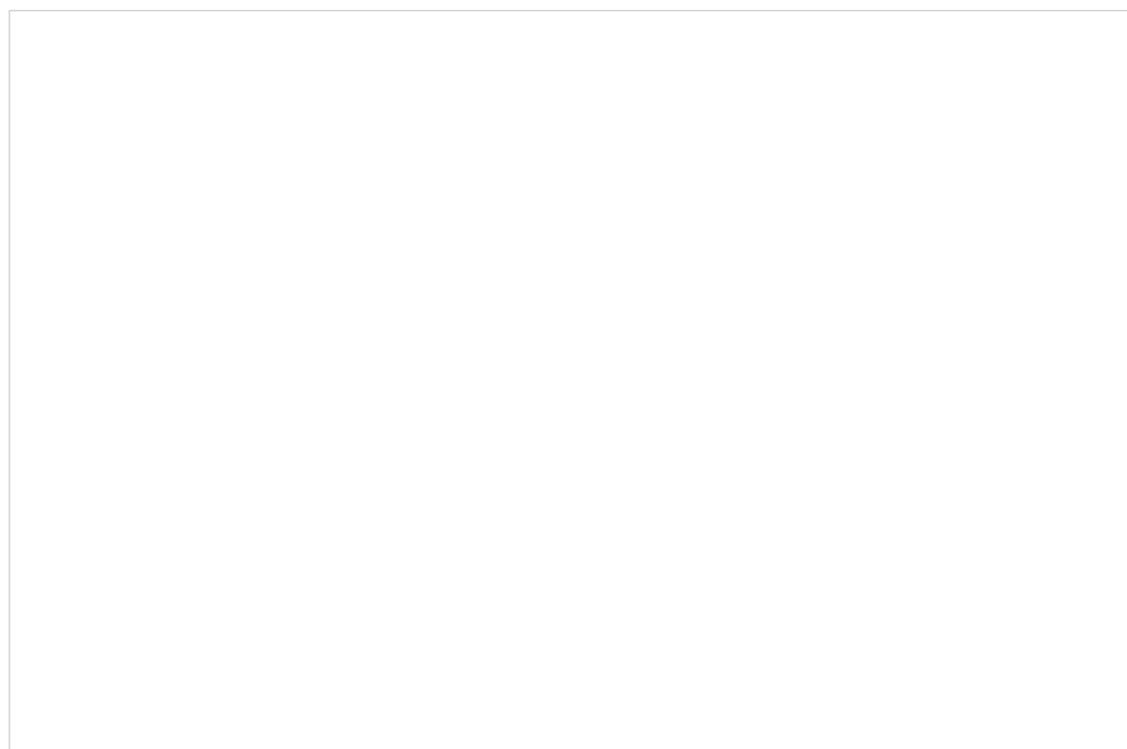
Fight inflammation – repair your cells – and slow down the clock

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Father time keeps moving forward, despite our best efforts! Since man became aware of aging, we have been trying to find ways to stop, reverse, or slow down the effects of time on our bodies. Science has yet to identify exactly why we age, even though research into this has been tireless, especially in modern times. Why do we look older, feel more tired, and our memory fails us? One thing that has stood out through years of research is that the cells in our body are under constant assault, every day, every hour.

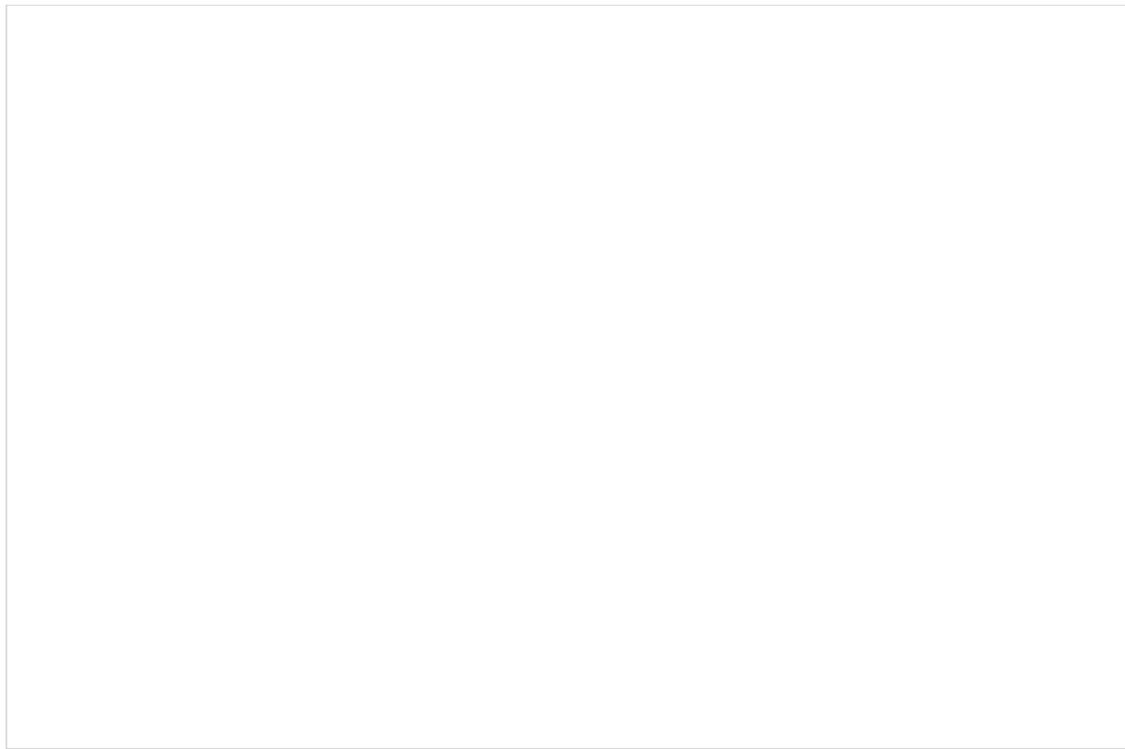
Eating contaminated food with pesticides, herbicides, fertilizers, and hormones subjects your body to an onslaught of outside forces. Our water is recycled a thousand times over and treated with massive amounts of chemicals - chemicals that on their own - would be dangerous or even deadly to the human body. The air you breathe is filled with hydrocarbons from burning fossil fuels. Your body continually fights these forces, maintaining a healthy balance with optimal levels of necessary vitamins, minerals, and nutrients and attempting to harmonize within the complex operations required for a healthy life. Like a fine-tuned orchestra, your body operates best when all the instruments are playing their best.



How can we help our body maintain this needed balance?

Specific vitamins, nutrients, and minerals have proven to combat the effects of age and the environment. These substances help support your heart, bones, and circulation and fight the ever-present inflammation caused by stress and disease.

The following is a list of ingredients that can prove helpful in feeling better, feeling younger, and living a longer, healthier life.



MSM and Vitamin C – rejuvenate your cells. Methylsulfonylmethane (MSM) is a necessary organic sulfur-containing compound. Sulfur is the third most abundant element within your body. It is crucial in building and repairing your DNA, metabolizing food, and maintaining joints, tendons, ligaments, and other connective tissue. Studies and reports about Vitamin C are more numerous than any other vitamin. Being water soluble makes it almost impossible to take too much - since your body does not store it - you must intake the proper amount daily. The most important aspect of Vitamin C is its critical role in the growth and repair of ALL body tissues. It's also involved in absorbing iron and forming collagen. It is crucial for the proper function of the immune system.

The list of benefits for both substances could go on and on; they are an essential part of peak cellular performance. Vitamin D3 and Vitamin K2 – maintain healthy blood vessels and strong bones.

Both vitamins play a crucial role in calcium metabolism; they form a symbiotic relationship where one cannot fully perform its functions without the other. Vitamin D plays the primary role in regulating calcium metabolism by increasing intestinal calcium absorption. Numerous studies have linked Vitamin D deficiency to osteoporosis, heart disease, high blood pressure, dementia, and depression. It also contributes to a healthy immune system. Vitamin D deficiency among the population is considered a silent epidemic by many in the health care community.

K2 complements and enhances the ability of vitamin D3 to deliver calcium to the bones and ensure it is adequately absorbed. If calcium is not absorbed efficiently, it builds up in the blood vessels. Calcium build-up in the blood vessels is directly related to cardiovascular and heart disease. Like a skilled set of dancers performing the tango, these two vitamins work hand-in-hand to keep your bones healthy and your blood vessels clear.

CoQ10 – vital energy.

In 1940 CoQ10 was discovered in the cells of heart tissue. More recently, research has revealed that this powerful antioxidant is essential in cellular energy production.

It is necessary for life. Study after study has shown that the cells in your body require a constant source of CoQ10 for energy production, maintenance, and growth. Produced naturally in the body, CoQ10 production peaks in your twenties, and from there starts a steady decline of this powerful antioxidant. Studies have also found that individuals with lower levels of CoQ10 have a higher risk of heart disease and cellular degeneration. Foods such as meat, fish, and nuts naturally contain CoQ10; however, these foods do not sufficiently elevate your body's levels significantly. Many health care providers recommend a daily dose of CoQ10 to maintain adequate levels.

Turmeric – ancient medical wisdom. Used for centuries in Eastern medicine, this member of the ginger family has shown that it should be an essential part of your daily supplement schedule. Turmeric has been proven repeatedly in clinical studies to have antioxidant and anti-inflammatory properties.

Turmeric has been shown to have a wide range of positive effects on memory, reducing brain inflammation, and could also have a role in preventing Alzheimer's disease. Its powerful anti-inflammatory properties have also shown beneficial in treating chronic arthritis and reversing heart disease and high blood pressure.

With virtually no side effects and only potential benefits, there is no reason everyone should not take turmeric.

Two great products to protect and repair your body.

The vitamins and supplements above could lead to a healthier lifestyle and improved well-being. Here is some more information about two products, currently on the market that can ensure you are getting optimal levels of these crucial ingredients.

MSM+Vitamin C with OptiMSM



With 1000mg of OptiMSM, the purest and safest form of MSM on the market, along with 450mg of Vitamin C, these two ingredients should form the cornerstone of any supplement routine.

This product reduces joint pain, stiffness, and swelling while increasing powerful antioxidants in your body. The boost of Vitamin C that you receive with this supplement will only further enhance the effectiveness of the MSM and can help improve your immune function and iron absorption.

K2+D3 CoQ10 Turmeric



With the powerful calcium absorption of the K2+D3 combination, the cellular energy effects of CoQ10, and the proven anti-inflammatory properties of turmeric, this supplement covers many bases. Take it daily to ensure you get these necessary nutrients to reduce your risk of disease, lower your blood pressure, and keep your bones, heart, and blood vessels operating at peak performance.

Vita Pioneering Research manufactures these supplements using only the highest standards in purity and quality. In 2018 this company's mission was to bring back clarity and transparency to the supplement world.

**Consider these fine products to slow the effects of aging and your environment.
Enhance your life with less pain, a healthy heart, solid bones, and a rock-solid immune system.**

The time to start healing and protecting your body was yesterday!

* In partnership with our friends at Scrumptious Vita Pioneering Research* Photo courtesy of Vita Pioneering Research

* These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

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