

Microdermabrasion can work wonders on your skin

2015-05-29



Microdermabrasion can work wonders on your skin

If you're looking for a safe, affordable, time-tested skin rejuvenation treatment option, you'd be hard pressed to find a better solution than **Microdermabrasion**. Microdermabrasion uses microcrystals to gently remove dry, damaged or dead cells from the skin's outermost layer, allowing healthier younger cells. The treatment helps stimulate the production of new skin cells and increase the amount of elastin and

collagen that your body produces naturally. Microdermabrasion can treat a number of skin conditions, including acne, acne scars and rosacea. The procedure helps clear pores of dirt and oil, exfoliates the skin, and helps reduce the appearance of mild acne scars by smoothing out the skin around the affected area and diminishing redness. The professional treatment of microdermabrasion can be performed by a physical, aesthetician, or other trained personnel. Microdermabrasion cost may range from \$100- \$250, the average cost being ~ \$100 per session.

What should you expect after microdermabrasion?

In the simplest terms, a Microdermabrasion can recharge your look, painlessly buffing away dry, damaged skin cells while encouraging the rise of new, natural collagen: the building blocks of clear, vibrant, youthful skin. Whether it's a one-time treatment for sun damage or skin discoloration, or a monthly routine to keep your skin refreshed, Microdermabrasion can prove beneficial for virtually anyone. Microdermabrasion is such an effective skin treatment, a number of companies have been offering at-home microdermabrasion systems, which you can try in your home.



You can try (for example) Candid Essentials' crème, for the cost \$ 39.99. Their products provide salon-quality results at a fraction of the price. This Powerful Microdermabrasion Scrub will rejuvenate and energize your skin by removing the top layer of dead skin and bringing new, fresh, healthier skin to the surface.

The creamy lotion also feeds and nourishes the skin from below through increased microcirculation; bringing oxygen to the surface of the skin to stimulate circulation, creating a healthy, more radiant glow. Candid Essentials' microdermabrasion crème contains ingredients such as Shea butter, avocado oil and Vitamin E, and is designed to give you fresher, younger looking skin and minimize the appearance of acne scars for a smoother, even skin tone. And combining Candid Essentials' Vitamin C serum and Daily Moisturizing Lotion with Vitamin C provides double the revitalizing power of Vitamin C that works to increase collagen production, reduce the effects of free radical damage and give your skin a refined, even tone that will literally glow.



About company Candid Essentials

“Candid Essentials was born out of the desire to provide safe skin care products with ingredients that are safe for our families, don’t pollute the environment, don’t pollute our bodies and don’t cost a small fortune.” –said Allyson Gonzalez founder of Candid Essentials

In 2009, while she was expecting, Allyson Gonzalez began a quest for a better lifestyle that included clean eating, exercise, and a desire to begin using products that would not harm the environment or her body, and most importantly not pose a threat to her unborn baby. After searching specifically for skin care products that were not laden with harsh chemicals and wouldn’t require her to take on a second job just to pay for them, and not being able to find anything that met her expectations, Allyson decided that the solution was to begin producing her own line of ecologically responsible and family friendly products, and in December of 2013, Candid Essentials became more than just an idea.

“All of our products are made from natural, organic ingredients. We do not use petrochemicals, artificial colorants, benzoyl peroxide or any other ingredient that may cause unwanted side effects, and are potentially harmful to the environment. Our products are never tested on animals. We consciously evaluate every single ingredient that we put into our skin care products, because if we wouldn’t use them on our skin, we wouldn’t ask you to use them on yours.”- said Allyson. For more information about Candid Essentials please visit <http://www.candidessentials.com/>