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Bees vs good prostate health

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Can bees provide us with the answer to maintaining good prostate health?

Honeybee hive propolis, the resin used by bees to patch up holes in hives contains a compound called caffeic acid phenethyl ester or CAPE . In a paper published in Cancer Prevention Research, researchers combined traditional cancer research methods with cutting-edge proteomics to find that CAPE arrests early-stage prostate cancer by shutting down the tumor cells'

system for detecting sources of nutrition. "If you feed CAPE to mice daily, their tumors will stop growing. After several weeks, if you stop the treatment, the tumors will begin to grow again at their original pace," said Richard B. Jones, PhD, assistant professor in the Ben May Department for Cancer Research and Institute for Genomics and Systems Biology and senior author of the study. "So it doesn't kill the cancer, but it basically will indefinitely interfere with tumor growth progression."